



AFTON GOLF CLUB

Member

P. O. Box 57 · AFTON, NY 13730 · 607-639-2454

Guy Dawson
Head Professional

The Pre-Shot Routine

The importance of a good and consistent pre-shot routine cannot be over emphasized. The reason for this is that it's the pre-shot routine that sets the tone for the upcoming golf shot.

If you watch the PGA tour players on television you'll see they ALL have a pre-shot routine they follow. In fact you'll see that even if they get distracted after their pre-shot routine and before they hit their shot they'll start all over again.

Generally speaking here's what most Golf Professionals do in their pre-shot routine. Get the yardage, feel the wind, select the club and visualize the type of shot they want to hit. Now get behind the ball to get your aim and direction and visualize the shot from behind the ball. Now with that image fresh in your minds-eye, address the golf ball and go. Remember whatever your pre-shot routine is just be consistent.

*Guy Dawson PGA
Director of Golf – Afton Golf Club*

Guy Dawson has owned and operated the Afton Golf Club for the past 21 years. He is a PGA Professional and Member of the Central New York PGA. Guy has been playing golf for 47 years and has given thousands of golf lessons. If you would like to Guy to give you a quick free of CHARGE check-up of your GPS system you can contact him @607 639-2454 or guyedawson@yahoo.com